

Declaration of Madrid "No Education without Physical Education"

27th of October 1991, amended 10 November 2011 in Brussels by the "add that" points

1. There is a need to promote and defend physical education as a core subject in the school curriculum. 'No education without physical education'.

Therefore it is necessary to:

- 1.1 seek to maintain or achieve compulsory physical education for the period of formal schooling
- 1.2 recognize the contribution of physical education within higher education
- 1.3 seek sufficient curriculum time in schools for physical education
 - 1.3.1 early grades of schooling daily P.E. (e. g. up to 11 or 12 years of age)
 - 1.3.2 later grades of schooling 3 hours per week as outlined in the European charter
- 1.4 demand that physical education, as a critical aspect of education must be delivered by teachers who are properly qualified in this subject; within the concept of education existing in each country.
- 2. There is a need to promote the academic study and the practice of physical education as an important discipline in its own right.
- 3. There is a need to develop the exchange of information on physical education in Europe as a basis for lobbying national governments and European bodies and organizations.
- 4. There is a need to explore a minimum European curriculum for physical education and to ensure the provision of resources to implement it.
- 5. There is a need to promote in-service training for European teachers through courses, conferences and workshops, supported by the National Governments and the European Institutions.
- 6. There is a need to develop links with influential European bodies and organizations whose activities impringe upon physical education.
- 7. There is a need to emphasize the holistic approach to Physical Education as a subject for health empowerment and teaching/learning values and ethics.

Add that:

- 8. Physical Education makes a major contribution to the motor, cognitive and social development of children and is one of the most important bases of lifelong physical activity.
- 9. Cooperation between schools, sports clubs and the local community must be enhanced and the coordinating role should be part of the PE teacher's job.
- 10. PE Teachers should be professionally qualified and access the theoretical, personal and practical skills and knowledge required of a good professional. It is important that all sport and PE educating programs are mapped (Sophelia).
- 11. The development of a European wide professional profile of a physical education teacher would enhance the quality and effectiveness of the subject in schools.
- 12. Non PE stakeholders should also defend Physical Education.
- 13. International collaboration with physical education professionals is essential to the development of the subject and should be promoted through formal and informal exchange programs for teachers and students.