



EUPEA's contribution to the development of Physical Education and HEPA

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EUPEA Board Meeting

Friday March 10th 2017 – Dublin, Ireland

1. Introduction
2. Challenges for Physical Education from the perspective of EUPEA
3. EUPEA activities in European projects
4. Monitoring the Quality in PE in Europe: the project of the Observatory

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1. Introduction

- Founded in 1991 in Brussels
- Declaration of Madrid 1991, amended in Brussels 2011
 - **“No Education without Physical Education”**
- The umbrella organization of the national Physical Education Associations in Europe
- Members in more than 30 countries in Europe
- Focus on promotion of and advocacy for Physical Education
- Cooperating with other international agents and associations like ICSSPE, FIEP, AIESEP, ENGSO, ...
- Contacts to the European Union Commission and the Council of Europe
 - Member as observer in Expert Groups of the EUC
 - Member in the Consultative Committee of EPAS (CoE)



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2. Challenges for Physical Education from the perspective of EUPEA

EUPEA questionnaire 2015

Based on a previous EUPEA questionnaire from 2009: *Physical education and sport in Europe: From individual reality to collective desirability*

- Questionnaire with 5 parts
 - PE in the educational system: 6 Items
 - Formal issues of the curriculum in elementary school: 14 Items
 - Objectives, content and assessment issues of the curriculum in elementary school: 7 items
 - Formal issues of the curriculum in secondary school: 14 Items
 - Objectives, content and assessment issues of the curriculum in secondary school: 7 items
- Sent to 48 Members/Contacts in 39 countries
- Received 23 answers from 19 countries
ALB, BEL, CZE, ENG, FRA, GER, GRE, HUN, IRL, ITA, LUX, NED, POL, POR, SCO, SRB, SLO, SPA, SWE



EUPEA questionnaire 2015

Current most urgent problems of in Physical Education in Europe

Problem	Frequency	Countries
Specialised PE teachers in Elementary Education, qualification level of PE teachers	8	BEL, ENG, IRE, ITA, LUX, NED, POR, SCO
Time allocation	3	GRE, IRE, POR
PE curriculum reform	3	CZE, FRA, IRE
Infrastructure	3	ALB, HUN, SER
Qualification PE teachers	2	ALB, HUN
Supervision, Quality support	2	ALB, HUN
Assessment	2	ENG, POR

2. Challenges for Physical Education from the perspective of EUPEA

EUPEA questionnaire 2015

Compulsory Physical Education lessons in Europe

School level	ALB	BEL	CZE	ENG	FRA	GER	GRE	HUN	IRL
Elem	3	2	2	2*	3	3	2-4	5	1-2 (60')
Sec I	3	2	2	2*	4-3	2	2	5	
Sec II	3	2	2	2*	3	2	2-1	5	

School level	ITA	LUX	NED	POL	POR	SCO	SRB	SLO	SPA	SWE
Elem	1	3-2	1-2	3-4	2	2	2	3	2	2
Sec I	2	3-2	2-2.5	4	3	2	3	2	2	2
Sec II	2*	2-1	2-2.5	3	2	2	2	2-3	2	1

2. Challenges for Physical Education from the perspective of EUPEA

EUPEA questionnaire 2015

Key concept of the PE curriculum in Elementary School

Key concepts	Frequency	Countries
Fundamental movement skills, movement competence	14	ALB, BEL, ENG, FRA, GER, GRE, HUN, IRE, LUX, POL, POR, SCO, SER, SPA
Health education	13	ALB, BEL, CZE, FRA, GER, HUN, ITA, LUX, NED, POL, POR, SLO, SWE
Sports Education, Games	7	ALB, ENG, FRA, GER, GRE, HUN, SLO
Social competences	5	BEL, ENG, GRE, ITA, LUX
Lifelong physical activity	5	ENG, IRE, NED, POR, SER
Physical literacy	3	ALB, GER, HUN
Reflection, Analysis	3	ENG, ITA, SCO

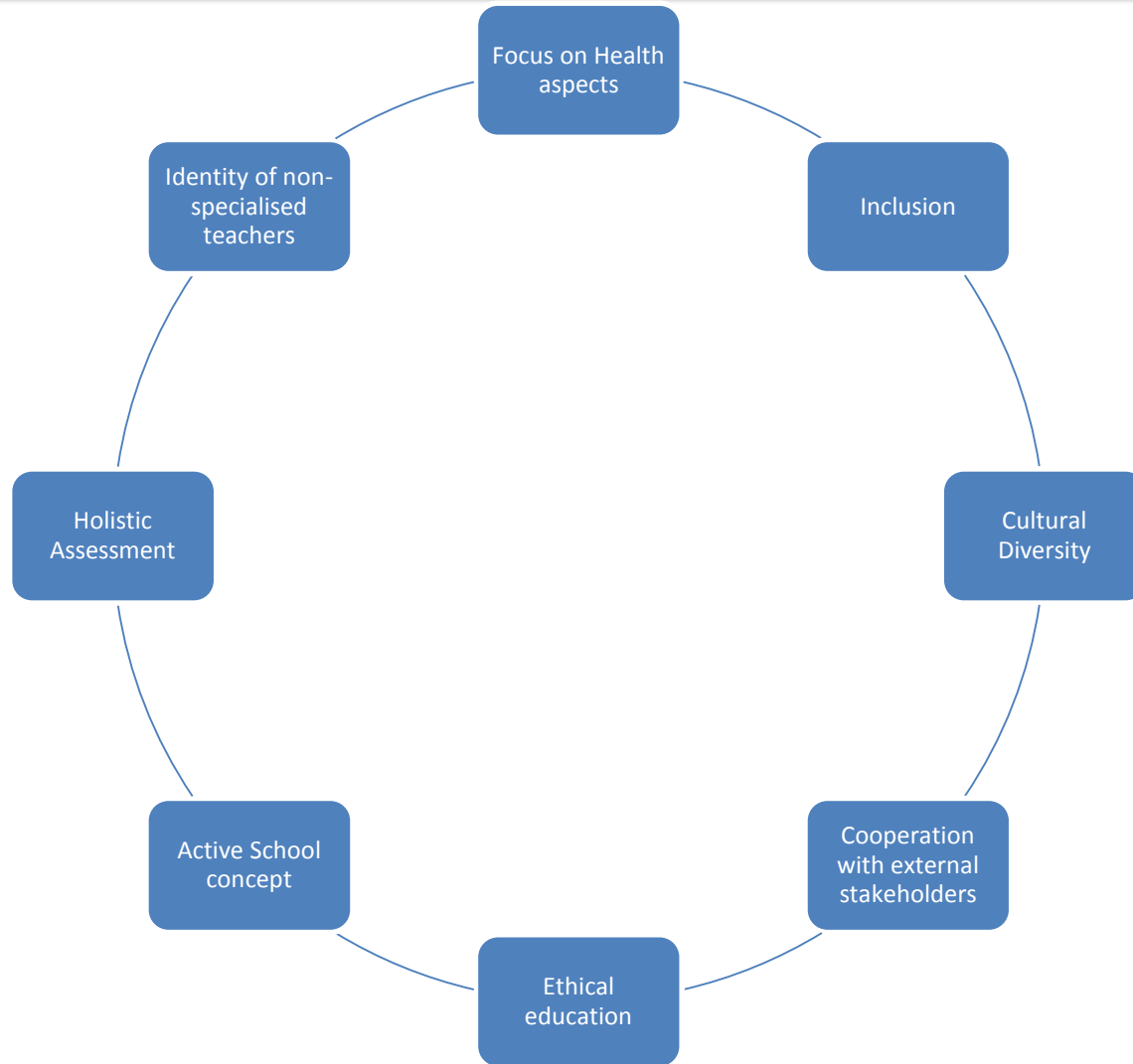
2. Challenges for Physical Education from the perspective of EUPEA

EUPEA questionnaire 2015

Key concept of the PE curriculum in Secondary School

Key concepts	Frequency	Countries
Health education	12	ALB, BEL, CZE, FRA, GER, HUN, ITA, NED, POL, POR, SLO, SWE
Fundamental movement skills, movement competence	10	ALB, BEL, ENG, FRA, GER, HUN, POL, SCO, SER, SPA
Sports Education, Games	7	ALB, ENG, FRA, GER, GRE, HUN, SLO
Lifelong physical activity	5	ENG, LUX, NED, POR, SER
Reflection, Analysis	5	ENG, ITA, LUX, NED, SCO
Physical literacy	3	ALB, GER, HUN
Social competences	2	BEL, ENG

2. Challenges for Physical Education from the perspective of EUPEA



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3. EUPEA activities in European projects

1. PASS project (S&C)
2. ESSD I & II (HSSF)
3. SHAPE (HSSF)
4. Active School Communities (BGBeActive)
5. ActiveVoice (ISCA)

3. PASS



3. ESSD I & II

The image shows a screenshot of a website banner for European School Sport Day. At the top left, there is a logo with the text "NOW WE MOVE" and a stylized 'A' icon. Below it, the text "European School Sport Day" is displayed next to a colorful grid of dots. In the top right corner, there is a button that says "REGISTER FOR EUROPEAN SCHOOL SPORTS DAY". The main part of the banner features a photograph of a diverse group of children running happily in a school hallway. Overlaid on the photo is a black banner with the hashtag "#BEACTIVE" in white and pink, and the text "European Week of Sport" below it. At the bottom of the photo, the text "FIND OUT HOW CAN YOU ACTIVATE YOUR SCHOOL" is written in white. On the right side of the photo, there is a purple circular call-to-action that says "Join European School Sport Day REGISTER".

3. SHAPE

HSSF ΔΙΑΚΟΛΙΜΠΙΑ NETFIT TESI TE IS HU EN SEARCH FOR:


Hungarian School Sport Federation


Erasmus+


Welcome to the official site of SHA P.E. programme!

INTRODUCTION
SHAPING THE PRINCIPLES OF PHYSICAL EDUCATION

OUTPUTS OF THE PROJECT
ANALYSES AND RECOMMENDATIONS

PARTNERS

 ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Υπουργείο Παιδείας,
Έρευνας και Θρησκευμάτων


GOETHE
UNIVERSITÄT
FRANKFURT AM MAIN

We use cookies to ensure that we give you the best experience on our website. If you continue to use this site we will assume that you are happy with it. Ok

3. Active School Communities

За нас Новини Блог Събития Видео упражнения Благодарим на

BG BE ACTIVE

NOWWEMOVE БЪЛГАРИЯ ЗАЩО ДВИЖЕНИЕ? ПРОЕКТИ РЕСУРСИ БЪДИ АКТИВЕН В УЧИЛИЩЕ

ACTIVE SCHOOL COMMUNITIES

ACTIVE SCHOOL COMMUNITIES

ПОДОБНИ ПУБЛИКАЦИИ

Първа среща по проект Active School Communities

ACTIVEVOICE

Active Voice

КАТЕГОРИИ

Бъди активен (18)

Защо движението? (8)

3. ActiveVoice



[About](#) [Key Topics](#) [Objectives](#) [Tools and Examples](#) [Presentations](#) [Partners](#) [Interviews](#) [Contact us](#)



#ACTIVEVOICE

The limited progress made since 2008 to implement the EU's Physical Activity Guidelines, as mapped so far by the former Expert Group on Sport, Health and Participation, and most recently by the National Focal Points, points to several gaps in policy making and structures in the field of health-enhancing physical activity (HEPA) in the EU. Over these years, HEPA promotion has either not been treated as a major issue by national and local governments, or it has been addressed in a

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EuPEO

European Physical Education Observatory

4. Monitoring the Quality in PE in Europe:
the project of the Observatory

MAIN ANTECEDENT

**What do we know about the European PE
reality?**

*Physical education and school sport in Europe:
From individual reality to collective desirability*

4. Monitoring the Quality in PE in Europe: the project of the Observatory

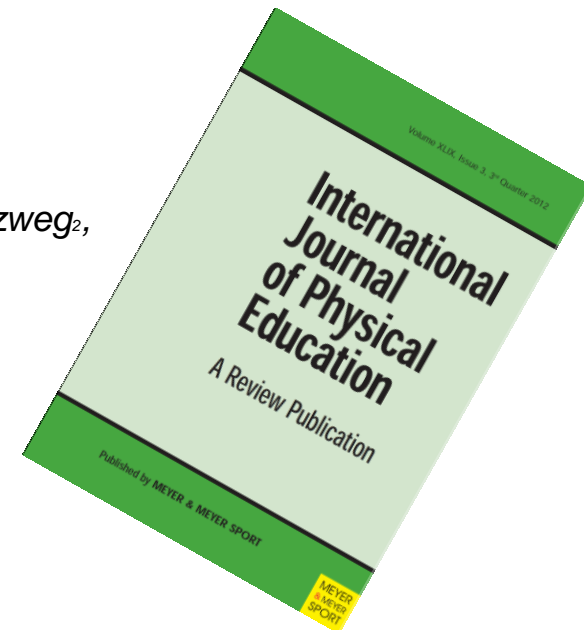
Physical education and sport in Europe: From individual reality to collective desirability

Oral presentation in the 2011 EUPEA Forum, Brussels

Published in the 2012, International Journal of Physical Education



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R.-M. Repond³, & C. Scheuer*



4. Monitoring the Quality in PE in Europe:
the project of the Observatory

*Physical education and sport in Europe:
From individual reality to collective desirability*

21 Countries (representatives from national associations)

**Mixed Questionnaire focused on:
What do we have in our country?
What do we desire for Europe?**

Descriptive Statistics

4. Monitoring the Quality in PE in Europe: the project of the Observatory

EuPEO aims

At the national, regional and European levels:

to identify the conditions of the Physical Education (PE)
and School Sport (SS) implementation and its outputs,
and

to obtain evidences to develop proposals to improve
QPE and QSS

4. Monitoring the Quality in PE in Europe: the project of the Observatory

For that, we need:

- Indicators for Quality Physical Education (QPE)
- A systematic process of data collection and analysis
- A logistic (human resources and facilities) to assure the process

4. Monitoring the Quality in PE in Europe: the project of the Observatory

EuPEO recent history

In order to launch the EuPEO, EUPEA decided to submit the project to Erasmus Plus Sport

4. Monitoring the Quality in PE in Europe: the project of the Observatory

EuPEO recent history

- The FMH/University of Lisbon, was in charge of the project coordination, in a close cooperation with SPEF and EUPEA, once EUPEA couldn't be an applicant to Erasmus Plus Sport
- ExCo challenged the different European PE associations (EUPEA members) to joint this project by a coalition with University/Research units in PE and Sport.

4. Monitoring the Quality in PE in Europe: the project of the Observatory

EuPEO recent history

- In addition of the PE and SS monitoring system development original intention, the idea was also to profound the cooperation between this two kind of organizations within each European country.
- We also intent to driving the collaboration between the EUPEA members, namely within and between its regional groups.

4. Monitoring the Quality in PE in Europe: the project of the Observatory

EuPEO recent history

Since 2016 a team from FMH (main applicant) and SPEF, together with the other partners, prepared an application according the Erasmus Plus Sport call criteria

4. Monitoring the Quality in PE in Europe: the project of the Observatory

EuPEO recent history

The partners met in Lisbon, October 15th 2016, to design the project, considering the operational capacity of each one.

4. Monitoring the Quality in PE in Europe: the project of the Observatory

Partners

European Physical Education Association (EUPEA)

Czech Republic

Univerzita Palackého v Olomouci (UP)

France

Syndicat National de l'Éducation Physique (SNEP)

Germany

Willibald Gebhardt Institute (WGI), Deutscher Sportlehrerverband (DSLTV)

Hungary

Hungarian School Sport Federation (HSSF)

Portugal (coordinator)

Universidade de Lisboa (FMH), Sociedade Portuguesa de Educação Física (SPEF)

Slovenia

Zveza društev športnih pedagogov Slovenije (SPETA)

Switzerland

Bern University of Applied Sciences, Federal Institute of Sport (SFISM)

4. Monitoring the Quality in PE in Europe: the project of the Observatory

Present EuPEO

Part One:

To convert knowledge, experiences and outcomes from former monitoring and evaluation studies of PE in the public health and education sector into a comprehensive but applicable:

- a) **Manual** of standardised PE Monitoring and Evaluation for **external monitoring** on local, regional and national level at school setting based on the European data base indicators on quality Physical Education, School Sport and others forms of improving physical activity at the School setting
- b) **Toolkit** for educators, PE teachers, at kindergarten, schools to prepare and provide **internal self-monitoring** of quality PE offers and extra-curricular quality HEPA programmes for participation of young people in physical fitness and qualities beyond

4. Monitoring the Quality in PE in Europe: the project of the Observatory

Present EuPEO

Part Two:

To implement and to test the adaptability and viability of the:

- a) **Manual of PE Monitoring and Evaluation** in a pilot (1) of selected EU-countries of the North, South, West and East on national, regional and local level in each of the selected countries
- b) **Toolkit for educators**, PE teachers in a pilot at different education and school levels in local communities in each of the same selected EU-countries

4. Monitoring the Quality in PE in Europe: the project of the Observatory

Present EuPEO

General workflow

Part	Year	Semester	Activity
1st	2018	1st	<ul style="list-style-type: none"> • Updating of the existing EUPEO on-line questionnaire for schools (ESQ) by using the QPE evidences • Validation of the ESQ • Determining of ESQ sample • Application of ESQ • Development of EUPEO on-line questionnaire for pupils (EPQ) • Data processing of ESQ to determining the students' on-line questionnaire (EPQ) sample
		2nd	<ul style="list-style-type: none"> • Application of EPQ • Collection of National Learning Assessment Systems (NLAS)
	2019	1st	<ul style="list-style-type: none"> • Data processing of EPQ • Data processing of NLAS • Development of the Manual for External Assessment of QPE • Development of the Toolkit for Internal Monitoring
	2nd		2nd
2020		1st	<ul style="list-style-type: none"> • Manual assessment • Toolkit assessment
		2nd	<ul style="list-style-type: none"> • Manual dissemination and training • Toolkit dissemination and training