Physical Education in Europe and COVID19

European Physical Education Association

The situation in Europe after COVID-19 – No Education without Physical Education
First EUPEA Physical Education Online Meeting
June 23rd 2020

#noeducationwithoutPE
Information on the survey

A link to an online questionnaire was sent on June 18th 2020 to 41 EUPEA members in 37 European countries, with the ask to respond until June 23rd. We received **39 responses from 31 countries**.

The data reported in the following is based on the responses from the EUPEA member delegates to the questionnaire. The respondents were asked to describe the situation in Physical Education in their country on **June 19th 2020**. In some cases, the answers might not reflect the general situation in a country, but the situation in one jurisdiction of a country. This is e.g. the case for Germany, Spain or Switzerland, where educational policy is not centralized.
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School level
39 responses

- 53.8% Primary
- 28.2% Secondary
- 17.9% Both levels
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Was your national association consulted as an expert group in the decision-making process regarding physical education during COVID19?

39 responses

- 74.4% yes
- 25.6% no
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1. What is the status of PE at the moment?
39 responses

- 41% Schools are open and PE classes take place as usual without any restrictions...
- 15.4% Schools are open and PE classes take place with restrictions or recommendations
- 38.5% Schools are closed and PE classes are cancelled

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Schools are closed and PE classes are cancelled
Schools are closed and PE classes are cancelled

By confinement first and then by focus of contagion
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Schools are closed and PE classes are part of homeschooling

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Schools are closed and PE classes are part of homeschooling

Has the prescribed number of PE classes per week been reduced because of COVID19?
16 responses

- 75% Yes
- 25% No
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Hungary

PE classes per week reduced: Yes

Consulted as expert group: 😞

The exact lesson number of PE is not possible. Weekly "movement diaries" was the most common method to motivate pupils for PE.
Ireland (Primary)

PE classes per week reduced: Yes

Consulted as expert group: 😞

No final decisions yet for the future
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Italy

From the 5.03.2020 schools were mandatory closed in all Italy. The school year finished the 10 of June for most of the Regions in Italy. During this restriction time, teachers were invited to do On line Distance Learning. CAPDI & LSM (The National Association of PE Teachers) supported PE teachers organizing a lot of on line materials, video lessons available for everybody (with practical and theoretical contents), webinars about most popular sport app and how to teach PE through IT, on line questionnaires (about how to organize the next school year) and a PE campaign on social media #IdoNotstopMoving. Those resources were free and available for all PE teachers in Italy.
Malta

PE classes per week reduced:
No

Consulted as expert group:

We have recently held an online meeting with 150 PE teachers who are eagerly waiting to see what will happen until late September, when schools will reopen.
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North-Macedonia

The school year ended with online teaching and homeschooling.
There was general suggestions from Ministry of Education how to do online schooling, how to do the evaluation of the students but just as recommendations, without particular instructions. It was left for teachers to decide and chose the way they work online and do homeschooling. Different teachers used different forms - online classes with life streaming, recorded videos, tasks for students, projects or just links to follow.

PE classes per week reduced: No

Consulted as expert group: 😞
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Portugal

Consulted as expert group:

PE classes per week reduced:

Yes

Waiting for decisions about next year. We are organizing a proposal to present to the government.
Schools are open and PE classes are cancelled
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Schools are open and PE classes are cancelled

Safety reasons; Gyms are needed for tests and classes under safety regulations; PE teachers were needed to organize and observe the safety regulations (distance when coming to school in the morning, disinfection, ...)

Due to Covid-19

Lock down due to pandemic, sanitary regulations

PRIMARY: PE is not important: Topics, such as French, German and Mathematics are the only 3 topics (during lock-down and after)

SECONDARY: Less time per day at School after the lockdown, so no time for PE
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Schools are open and PE classes are cancelled

Due to the pressure on the Ministry of Education from 15th of June PE could be offered in the afternoon on a voluntary basis for pupils (if schools decide to organize PE)

Due to Covid-19

Lock down due to pandemic, sanitary regulations

Starting June 29th, classes will be taught in 1 group again, just like before Covid-19. But there will be no PE classes scheduled. Every class teacher can decide if they will have physical activities according to the Covid-19 standards.

Timetable stays until end of school year, so only possibilities are PE after school on voluntary basis, exists in some school since last Monday
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Czech Republic

Consulted as expert group:
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Schools are open and PE classes take place with restrictions or recommendations
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Schools are open and PE classes take place with restrictions or recommendations

Has the prescribed number of PE classes per week been reduced because of COVID19?
15 responses

- 40% Yes
- 60% No

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Which of the following recommendations or restrictions on the organization of PE are in place at the moment?

- Social distancing
- Number of students per class/group
- No physical contact between students
- About the location for PE classes (e.g. outdoor)
- About the PE activities to be offered
- Disinfection of materials
- No use of changing rooms
- Individual use of materials
- Mask obligation for teachers
- Mask obligation for students

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Number of restrictions / recommendations per country

- Sweden
- Finland
- Belgium / Flanders
- Switzerland / Glarus
- Netherlands Primary
- England
- Norway
- Liechtenstein
- Netherlands Secondary
- Germany / Nordrhein-Westfalia
- France Primary
- Slovenia
- France Secondary
- Belgium / Wallonie
- Greece

Restriction | Recommendation | Neither of them

0% | 10% | 20% | 30% | 40% | 50% | 60% | 70% | 80% | 90% | 100%
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#### England Primary

<table>
<thead>
<tr>
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- **PE classes per week reduced:** Yes
- **Consulted as expert group:** No
  - 🙁

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**Recommendations or restrictions in place**

**England**

- Recommendation
- Restriction
- Neither of them

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**The situation in Europe after COVID-19 – No Education without Physical Education**

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**France**

- **PE classes per week reduced:** Yes
- **Consulted as expert group:** 

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PE classes per week reduced: No

Consulted as expert group: 😊
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Netherlands

PE classes per week reduced: Yes

Consulted as expert group: 😊

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PE classes per week reduced: No

Consulted as expert group: 😞
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#### Switzerland (Glarus)

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PE classes per week reduced: Yes

Consulted as expert group: Yes
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Schools are open and PE classes take place as usual without any restrictions or recommendations
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Schools are open and PE classes take place as usual without any restrictions or recommendations.

Has the prescribed number of PE classes per week been reduced because of COVID19?

1 response

- Yes: 100%
- No: 0%
Thank you for your attention!

For more information:

www.eupea.com

@EUPEA_tweet
@eupea1
name@eupea.com
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Country / Jurisdiction:

Please indicate the jurisdiction in the case that your national educational system is not centralized and different measures for PE have been implemented in different jurisdictions (e.g. UK / England; UK / Wales; Germany / Hamburg; Germany / Bavaria; ...)

School level:

- Primary
- Secondary
- Both levels

Please describe the situation in PE in your country on June 19th 2020

1. What is the status of PE at the moment?
   - Schools are open and PE classes take place as usual without any restrictions or recommendations (continue with A)
   - Schools are open and PE classes take place with restrictions or recommendations (continue with B)
   - Schools are open and PE classes are cancelled (continue with C)
   - Schools are closed and PE classes are part of homeschooling (continue with D)
   - Schools are closed and PE classes are cancelled (continue with E)

2. Was your national association consulted as an expert group in the decision-making process?

   Schools are open and PE classes take place as usual without any restrictions or recommendations

   A.1 Since which date do PE classes take place as usual?

       Choose the date (choose 01.01.2020 if PE classes took place as usual during COVID19 all the time)

   A.2 Has the prescribed number of PE classes per week been reduced because of COVID19?

       yes / no

   A.3 Further comments (e.g. when there is already decided a change before the end of this school year)

   Schools are open and PE classes take place with restrictions or recommendations

   B.1 Since which date do PE classes take place with restrictions or recommendations?

       Choose the date

   B.2 Has the prescribed number of PE classes per week been reduced because of COVID19?

       yes / no
B.3 Which of the following recommendations or restrictions on the organization of PE are in place at the moment?

Choose “recommendation”, “restriction” or “none” for each of the following:

- About the PE activities to be offered
- About the location for PE classes (e.g. outdoor)
- Social distancing
- No physical contact between students
- Mask obligation for teachers
- Mask obligation for students
- No use of changing rooms
- Individual use of materials
- Disinfection of materials
- Number of students per class / group

B.4 Further comments (e.g. when there is already decided a change before the end of this school year)

Schools are open and PE classes are cancelled

C.1 Since which date are PE classes cancelled?

Choose the date

C.2 What are the reasons for cancelling the PE lessons?

Please describe shortly

C.3 Further comments (e.g. when there is already decided a change before the end of this school year)

Schools are closed and PE classes are part of homeschooling

D.1 Since which date are PE classes part of homeschooling?

Choose the date

D.2 Has the prescribed number of PE classes per week been reduced because of COVID19?

yes / no

D.3 Further comments (e.g. when there is already decided a change before the end of this school year)

Schools are closed and PE classes are cancelled

E.1 Since which date are schools closed?

Choose the date

E.2 What are the reasons for cancelling the PE lessons?

Please describe shortly

E.3 Further comments (e.g. when there is already decided a change before the end of this school year)